

**WEST CENTRAL BREAKFAST & LUNCH MENU**  
**March 2026**  
**Elementary - Middle School - High School**  
**Breakfast Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
2 Muffin	3 Pancakes on a Stick W/ Syrup	4 Cereal & Yogurt	5 French Toast Sticks W/ Syrup	6 Cheese Omelet W/ Ketchup, Salsa & French Toast Grahams
9 Yogurt Parfait Cup	10 Biscuits & Gravy	11 Tornadoes OR Cereal	12 Dutch Waffle W/ Syrup	13 Breakfast Pizza
16 Muffin	17 Sausage, Egg & Cheese Croissant	18 Cereal & Yogurt	19 French Toast Sticks W/ Syrup	20 <b>No School</b> <b>P/T Conference</b>
23 Yogurt Parfait Cup	24 Biscuits & Gravy	25 Tornadoes OR Cereal	26 Dutch Waffle W/ Syrup	27 Breakfast Pizza
30 Muffin	31 Pancake on a Stick W/ Syrup		<b>Menu is subject to change</b>	<b>JUICE, FRUIT &amp; MILK</b> <b>Served daily</b>

**PK- 12TH GRADE  
LUNCH MENU  
MARCH 2026**

Monday	Tuesday	Wednesday	Thursday	Friday
2 Crispitos Cheese sauce/ Salsa Refried Beans Green Beans, Peaches	3 Maidrite w/ Bun Tater Tots, Peas Mixed Fruit Pickle, Onion	4 Pancake Sausage Wraps Syrup, Hash Browns, Cooked Carrots Apple Slices	5 Grilled Chicken & Gravy Mashed Potatoes, Corn Dinner Roll, Applesauce	6 Cheese Quesadilla/Salsa Side Salad W/ Dressing Peas, Applesauce Rice Krispie Treat
9 Frito Chip Chili Bowl Shredded Lettuce & Cheese Onion, Diced Tomato Cornbread, Frozen Fruit	10 BBQ Rib Patty w/ Bun Pickle/Onion Peas Mandarin Oranges	11 Chicken Strips Cooked Carrots BBQ/Ranch Pears, Cookie	12 Taco Burger w/ Bun Shredded Lettuce & Cheese Onion, Diced Tomato, Salsa Fries with Queso Corn, Mixed Fruit	13 <b>No Lunch Served SIP Day 11:30 Dismissal</b>
16 Sub Sandwich on Bun (turkey,ham,cheese) Shred lettuce & tomato, mayo, Chips, String Cheese, Corn Peaches	17 Pizza Burgers Cheese Stick Peas Pineapple	18 Breaded Chicken Patty w/ bun Baked Beans Cooked Carrots Pineapple	19 <b>1:00 Dismissal</b> Mexican Pizza Side Salad w/ Dressing Green Beans, Applesauce Cookie	20 <b>No School P/T Conference</b>
23 Hot Dog w/ Bun Chips, Baked Beans Pears Relish, Onion	24 Taco in a Bag Shredded Lettuce & Cheese, Diced Tomato Onion, Salsa, Sour Cream Refried Beans Frozen Fruit	25 Stuffed Crust Pizza Side Salad w/ Dressing Green Beans Mixed Fruit	26 Tenderloin w/ Bun Cooked Carrots Applesauce Pickle/Onion	27 Cheesy Breadsticks Marinara Sauce Corn, Mixed Fruit Pudding
30 Cheeseburger w/ Bun French Fries Baked Peas, Pears Pickle, Onion	31 BBQ Pulled Chicken w/Bun <i>Mac &amp; Cheese</i> Green Beans, Applesauce <i>Strawberry Shortcake</i>	April 1 <b>1:00 Dismissal</b> Pizza Crunchers Marinara Sauce Side salad w/ Dressing Peas, Mandarin Oranges	<b>Free Fruit/Veggie Choices Offered Daily</b>	<b>Milk is served daily. Menu is subject to change.</b>